



# Welcome to Fox Creek School June 2022



## Parent Newsletter

### Principal's Message

Hello everyone!

As we move through these last weeks of the school year, we're focused on helping students finish lessons and exams; celebrating success; and ensuring everything is in place for next fall. I'd like to express my sincere thanks for your patience throughout the 2021-2022 school year. It was a challenging one, in which we all made adjustments and adapted multiple times in the face of changing restrictions and measures that impacted us as individuals, families and schools.

We have been so grateful to see a return to sports and performances and field trips in recent months. From Kindergarten get-to-know-you events for incoming students to farewell ceremonies for graduating students, it's been wonderful to return to some of the traditions and events we hold dear.

I would be remiss if I did not acknowledge the tremendous dedication and service of school staff over the last 10 months. They have, like you, adjusted and adapted more than once, and have not faltered in their support of students. It is their commitment and care that makes Fox Creek School strong. If you have the opportunity over the next few weeks, I hope you will thank them for all they do. Please enjoy these final weeks of the school year, and the precious weeks of summer that will follow. I'm looking forward to being together again in the fall. Have a safe and happy summer

Ian Baxter  
Principal Fox Creek School

### Email List:

If you would like to be added to our e-mail list and receive an electronic version of our newsletter or other communication, please contact Mrs. Lussier at the office or [victoria.lussier@ngps.ca](mailto:victoria.lussier@ngps.ca)



### Dates to mark your calendar

June 16  
School  
Council  
Meeting  
7PM

June 21  
Last Day of  
School for Gr.  
10-12

June 25  
Graduation  
Ceremony

June 28  
Last Day of School  
for Gr. 7-9

June 29  
Elementary  
Awards

June 29  
Last Day of School  
for Gr. K-6

Box 88, Fox Creek, Alberta T0H 1P0 Ph. (780) 622-3742 Fax: (780) 622-3482 Email: [foxcreek@ngps.ca](mailto:foxcreek@ngps.ca)

Website: [foxcreekschool.ca](http://foxcreekschool.ca) Facebook: Fox Creek School Twitter: @ngpsfcs

Mr. Ian Baxter, Principal Mrs. Ronica DeCiccio, Assistant Principal

**The Grade 3s having a great time during health circle with student teacher Ms. Micaela.**



**4W has been growing... sunflowers! 🌻**







**Fox Creek School's Earth Day project was a huge success! We had students from grades 8 to 12 participating in picking up trash along the Kaybob Drive Path. Thanks to all those who participated in making our community just that little bit better!**



**Mrs. Hibbs Grade 1's are wearing their hats for Hats On for Mental Health Day!**



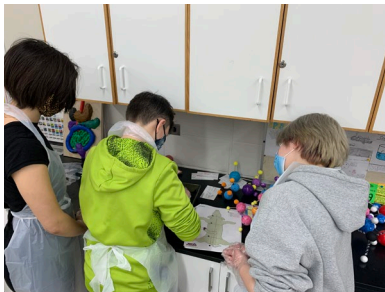
### Science 7 Windmills!



### Chemistry Lab



### Gr 8 Pig Dissection





### Star Wars Day



Grade 7's had fun being engineers of their spaghetti bridges. Creativity, design, and problem solving!





What a great day Saturday, May 14th turned out to be. The Homecoming was opened by dignitaries and presenting a memorial bench to Mrs. Hailes. (The school is 50 and Mrs. Hailes has been here for 46 of those years.) School hallways were filled with smiling faces sharing displays and memorabilia and eating the delicious cake supplied by our very own Kristine d'Entremont. Time capsules created in the year 2000 were a hoot to have opened, looking at pictures and reading notes from years gone by. Great to see so many alumni still in good enough shape to take on our current senior high basketball teams. Fox Creek School teams are the first winners of the Alumni Challenge, We look forward to hosting the Alumni Challenge every year so stay tuned!

Thank you to everyone who helped make this event happen from planning and organizing, to sharing and promoting, preening and preparing the school, and finally to attending. The school is so honoured to be host to so many past and present students, teachers, and family members. It truly was terrific to show off what Fox Creek School has grown into.



Congratulations to a local citizen who had the winning bid at the May 14th auction! We look forward to seeing it drive around town.







<p><b>AUGUST</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31				<p><b>SEPTEMBER</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30								
S	M	T	W	T	F	S																																																																																						
	1	2	3	4	5	6																																																																																						
7	8	9	10	11	12	13																																																																																						
14	15	16	17	18	19	20																																																																																						
21	22	23	24	25	26	27																																																																																						
28	29	30	31																																																																																									
S	M	T	W	T	F	S																																																																																						
				1	2	3																																																																																						
4	5	6	7	8	9	10																																																																																						
11	12	13	14	15	16	17																																																																																						
18	19	20	21	22	23	24																																																																																						
25	26	27	28	29	30																																																																																							
<p><b>OCTOBER</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td></td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S						1		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31						<p><b>NOVEMBER</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td></tr> <tr><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td></tr> <tr><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td></tr> <tr><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td></tr> <tr><td>27</td><td>28</td><td>29</td><td>30</td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S			1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30			
S	M	T	W	T	F	S																																																																																						
					1																																																																																							
2	3	4	5	6	7	8																																																																																						
9	10	11	12	13	14	15																																																																																						
16	17	18	19	20	21	22																																																																																						
23	24	25	26	27	28	29																																																																																						
30	31																																																																																											
S	M	T	W	T	F	S																																																																																						
		1	2	3	4	5																																																																																						
6	7	8	9	10	11	12																																																																																						
13	14	15	16	17	18	19																																																																																						
20	21	22	23	24	25	26																																																																																						
27	28	29	30																																																																																									
<p><b>DECEMBER</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td></tr> </table>	S	M	T	W	T	F	S					1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	<p><b>JANUARY</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td></tr> <tr><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td></tr> <tr><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td></tr> <tr><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td></tr> <tr><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31											
S	M	T	W	T	F	S																																																																																						
				1	2	3																																																																																						
4	5	6	7	8	9	10																																																																																						
11	12	13	14	15	16	17																																																																																						
18	19	20	21	22	23	24																																																																																						
25	26	27	28	29	30	31																																																																																						
S	M	T	W	T	F	S																																																																																						
1	2	3	4	5	6	7																																																																																						
8	9	10	11	12	13	14																																																																																						
15	16	17	18	19	20	21																																																																																						
22	23	24	25	26	27	28																																																																																						
29	30	31																																																																																										
<p><b>FEBRUARY</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28					<p><b>MARCH</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td>4</td></tr> <tr><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td></tr> <tr><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td></tr> <tr><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td></tr> <tr><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td>31</td><td></td></tr> </table>	S	M	T	W	T	F	S				1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31								
S	M	T	W	T	F	S																																																																																						
			1	2	3	4																																																																																						
5	6	7	8	9	10	11																																																																																						
12	13	14	15	16	17	18																																																																																						
19	20	21	22	23	24	25																																																																																						
26	27	28																																																																																										
S	M	T	W	T	F	S																																																																																						
			1	2	3	4																																																																																						
5	6	7	8	9	10	11																																																																																						
12	13	14	15	16	17	18																																																																																						
19	20	21	22	23	24	25																																																																																						
26	27	28	29	30	31																																																																																							
<p><b>APRIL</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td>1</td><td></td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td></td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S						1		2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30							<p><b>MAY</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td>1</td><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td></tr> <tr><td>7</td><td>8</td><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td></tr> <tr><td>14</td><td>15</td><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td></tr> <tr><td>21</td><td>22</td><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td></tr> <tr><td>28</td><td>29</td><td>30</td><td>31</td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S		1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31			
S	M	T	W	T	F	S																																																																																						
					1																																																																																							
2	3	4	5	6	7	8																																																																																						
9	10	11	12	13	14	15																																																																																						
16	17	18	19	20	21	22																																																																																						
23	24	25	26	27	28	29																																																																																						
30																																																																																												
S	M	T	W	T	F	S																																																																																						
	1	2	3	4	5	6																																																																																						
7	8	9	10	11	12	13																																																																																						
14	15	16	17	18	19	20																																																																																						
21	22	23	24	25	26	27																																																																																						
28	29	30	31																																																																																									
<p><b>JUNE</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td>1</td><td>2</td><td>3</td><td></td></tr> <tr><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td><td>9</td><td>10</td></tr> <tr><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td><td>16</td><td>17</td></tr> <tr><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td><td>23</td><td>24</td></tr> <tr><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td><td>30</td><td></td></tr> </table>	S	M	T	W	T	F	S				1	2	3		4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30		<p><b>JULY</b></p> <table border="1"> <tr><td>S</td><td>M</td><td>T</td><td>W</td><td>T</td><td>F</td><td>S</td></tr> <tr><td></td><td></td><td></td><td></td><td></td><td></td><td>1</td></tr> <tr><td>2</td><td>3</td><td>4</td><td>5</td><td>6</td><td>7</td><td>8</td></tr> <tr><td>9</td><td>10</td><td>11</td><td>12</td><td>13</td><td>14</td><td>15</td></tr> <tr><td>16</td><td>17</td><td>18</td><td>19</td><td>20</td><td>21</td><td>22</td></tr> <tr><td>23</td><td>24</td><td>25</td><td>26</td><td>27</td><td>28</td><td>29</td></tr> <tr><td>30</td><td>31</td><td></td><td></td><td></td><td></td><td></td></tr> </table>	S	M	T	W	T	F	S							1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31					
S	M	T	W	T	F	S																																																																																						
			1	2	3																																																																																							
4	5	6	7	8	9	10																																																																																						
11	12	13	14	15	16	17																																																																																						
18	19	20	21	22	23	24																																																																																						
25	26	27	28	29	30																																																																																							
S	M	T	W	T	F	S																																																																																						
						1																																																																																						
2	3	4	5	6	7	8																																																																																						
9	10	11	12	13	14	15																																																																																						
16	17	18	19	20	21	22																																																																																						
23	24	25	26	27	28	29																																																																																						
30	31																																																																																											

## 2022-23 SCHOOL YEAR CALENDAR

August 30 & 31	Staff Planning & Development Days
September 1	First Day for Students
September 5	Labour Day
September 30	National Day for Truth and Reconciliation
October 7	Staff Planning & Development Day
October 10	Thanksgiving Day
November 10	Day in Lieu of Parent Teacher Interviews
November 11	Remembrance Day
November 14	Staff Planning & Development Day
Dec 26 - Jan 6	Christmas Break
January 9	First Day Back for Students
January 30	Staff Planning & Development Day
February 9 & 10	Onoway to Fox Creek only - Teachers' Convention
February 17	Valleyview only - Staff Planning & Development Day
February 20	Family Day
March 9 & 10	Valleyview only - Teachers' Convention
March 10	Onoway to Fox Creek only - Staff Planning & Development Day
Mar 27 - 31	Spring Break
April 3	First Day Back for Students
April 7	Good Friday
April 10	Easter Monday
May 19	Day in Lieu of Parent Teacher Interviews
May 22	Victoria Day
May 29	Staff Planning & Development Day
June 29	Last Day for Students
June 30	Staff Planning & Development Day

## BOARD OF TRUSTEES

TRUSTEE	AREA	PHONE
Barb Maddigan - Board Chair	Whitecourt	780.262.1013
Christine Peck - Board Vice-Chair	Onoway	780.691.0772
Diane Hagman	Mayerthorpe	780.396.9694
Jim Hailes	Fox Creek	780.622.3385
Deb Koloski	Sangudo	780.674.1994
Judy Muir	Alberta Beach	780.991.7413
Sally Petryshen	Valleyview Rural	780.300.0427
Gerry Steinke	Valleyview	780.524.9889
Linda Wigton	Whitecourt	780.706.4345

Regular School Board meetings are held at the Division Office in Whitecourt. Members of the public are welcome to attend. Please visit our website at [ngps.ca](http://ngps.ca) or contact the Division Office for a complete board schedule.

Please visit [Fox Creek School](#) website to see some of the scholarships available to apply for!!



### **EXAM BANK**

Practice tests for all grade levels are available on this site.

1. Log onto [alberta.exambank.com](http://alberta.exambank.com)
2. On the left hand side choose a grade level
3. Choose which exam you want to write and click on the start exam button
4. username: foxcreek  
password: school





# SCHOOL COUNCIL

School Council Meeting on Thursday, June 16, 2022 at 7:00pm.

School fees are now due



**NOW  
AVAILABLE**

Make online payments with  
**SchoolCashOnline**

- ✓ Field trips
- ✓ Sports Events
- ✓ Activity Fees

[ngps.schoolcashionline.com](https://ngps.schoolcashionline.com)



Paying for school items just got easier! SchoolCashOnline is the easy and safe way to manage your school expenses and view your payment history online. Save yourself the trip to the school and sign up today! [ngps.schoolcashionline.com](https://ngps.schoolcashionline.com)



## Student Registration

Accepting student registration for the 2022-2023 school year!  
<https://www.foxcreekschool.ca/parents-and-students/parent-links22>

If there are any factors you are aware of, such as an upcoming move etc. please contact the school at 780-622-3742 or email [foxcreek@ngps.ca](mailto:foxcreek@ngps.ca)



**COVID-19 INFORMATION**  
**COVID-19 ALBERTA HEALTH DAILY CHECKLIST**  
**(FOR CHILDREN UNDER 18)**

**Overview**

This checklist applies for all children, as well as all students who attend kindergarten through Grade 12, including high school students over 18. Children should be screened every day by completing this checklist before going to school, childcare or other activities. Children may need a parent or guardian to assist them to complete this screening tool.

If your child has traveled outside Canada in the last 14 days, follow the [Government of Canada Travel, Testing, Quarantine and Borders](#) instructions, including any requirements for exempt travelers related to attending high-risk environments. International travellers who become a case of COVID-19 after arrival in Alberta should follow isolation requirements outlined by the Government of Canada

If your child has received a message from Public Health indicating that they are a case<sup>4</sup> of COVID-19 or if your child has tested positive on a [rapid test](#), they are required to isolate as per [Public Health instructions](#). For more information on isolation requirements after a positive rapid test, refer to the [Rapid Testing at Home website](#).

**Screening Questions for Children under 18:**

<b>1.</b>	<b>Has your child been a household contact of a case<sup>4</sup> of COVID-19 in the last 14 days?</b> <i>A household contact: a person who lives in the same residence as the case OR who has been in frequent, long-duration, close-range interaction with a case of COVID-19. For example, someone who slept over, attended a birthday party or someone who was a play date with a case.</i>	<b>YES</b>	<b>NO</b>
<b>If child answered "YES" AND they are NOT fully immunized<sup>5</sup>:</b> <ul style="list-style-type: none"> <li>Child should stay home and NOT attend school, childcare and/or other activities for 14 days from the last day of exposure and monitor for symptoms</li> </ul> <b>If child answered "YES" and they are fully immunized<sup>5</sup> proceed to question 2:</b> <b>If child answered "NO" to question 1, proceed to question 2</b>			
<b>2.</b>	<b>Does the child have any new onset (or worsening) of the following core symptoms:</b>		
	<b>Fever</b> Temperature of 38 degrees Celsius or higher	<b>YES</b>	<b>NO</b>
	<b>Cough</b> Continuous, more than usual, not related to other known causes or conditions such as asthma	<b>YES</b>	<b>NO</b>
	<b>Shortness of breath</b> Continuous, unable to breathe deeply, not related to other known causes or conditions such as asthma	<b>YES</b>	<b>NO</b>
	<b>Loss of sense of smell or taste</b> Not related to other known causes or conditions like allergies or neurological disorders	<b>YES</b>	<b>NO</b>
<b>If the child answered "YES" to any symptom in question 2:</b> <ul style="list-style-type: none"> <li>If the child is fully immunized<sup>5</sup> they are required to isolate for 5 days from onset of symptoms or until symptoms resolve<sup>3</sup> whichever is longer. They must wear a mask for up to 5 days after their isolation period if you are outside of the home in a public place or otherwise in the company of other persons out of your household (no exceptions permitted) <b>OR</b></li> <li>If they are NOT fully immunized<sup>5</sup>, they must isolate for 10 days from the onset of symptoms or until they resolve<sup>3</sup> whichever is longer <b>OR</b></li> <li>Until symptoms resolve<sup>3</sup> if they receive a negative PCR COVID-19 test <b>OR</b></li> <li>Until symptoms resolve<sup>3</sup> if they receive two negative rapid antigen tests, with at least 24 hours between tests</li> </ul>			

<sup>3</sup> Symptoms resolved means symptoms have improved and with no fever for 24 hours without the use of fever reducing medication

<sup>4</sup> A lab-confirmed case OR a probable case as defined in the [Alberta COVID-19 Notifiable Disease Guideline](#)

<sup>5</sup> A child who has received the complete vaccine series for COVID-19 and it has been 14 days after the second dose in a two dose series







• They can use an [at-home rapid test if available](#) or the [AHS Online Assessment Tool](#) or call Health Link 811 to arrange for testing and to receive additional information on isolation.

**If the child answered “NO” to all of the symptoms in question 2, proceed to question 3.**

**3. Does the child have any new onset (or worsening) of the following other symptoms:**

<b>Chills</b> Without fever, not related to being outside in cold weather	YES	NO
<b>Sore throat/painful swallowing</b> Not related to other known causes/conditions, such as seasonal allergies or reflux	YES	NO
<b>Runny nose/congestion</b> Not related to other known causes/conditions, such as seasonal allergies or being outside in cold weather	YES	NO
<b>Feeling unwell/fatigued</b> Lack of energy, poor feeding in infants, not related to other known causes or conditions, such as depression, insomnia, thyroid dysfunction or sudden injury	YES	NO
<b>Nausea, vomiting and/or diarrhea</b> Not related to other known causes/conditions, such as anxiety, medication or irritable bowel syndrome	YES	NO
<b>Unexplained loss of appetite</b> Not related to other known causes/conditions, such as anxiety or medication	YES	NO
<b>Muscle/joint aches</b> Not related to other known causes/conditions, such as arthritis or injury	YES	NO
<b>Headache</b> Not related to other known causes/conditions, such as tension-type headaches or chronic migraines	YES	NO
<b>Conjunctivitis</b> (commonly known as pink eye)	YES	NO

**If the child answered “YES” to ONE symptom in question 3:**

- Keep your child home and monitor for 24 hours and consider giving child an [at-home rapid test](#). If the test is positive or negative see below for further instructions.
- If [at-home rapid testing](#) is not done and the symptom is improving after 24 hours, your child can return to school and activities when they feel well enough to go.
- If the symptom **does not improve or worsens** after 24 hours (or if additional symptoms emerge), use an [at-home rapid test](#) if available or the [AHS Online Assessment Tool](#) or call Health Link 811 to check if testing is recommended.

**If the child answered “YES” to TWO OR MORE symptoms in question 3:**

- Keep your child home
- Use an [at-home rapid test](#) if available or use the [AHS Online Assessment Tool](#) or call Health Link 811 to determine if testing is recommended.

**For at-home rapid testing result instructions for those without symptoms:**

- If an [at-home rapid test](#) is done and is negative, they can return to school and activities as long as they remain asymptomatic.
- If [at-home rapid](#) test is positive, the child is required to isolate as outlined above for **question 2**.

**If the child answered “NO” to all questions:**

- Your child may attend school, childcare and/or other activities

**Please note:** If your child is experiencing any symptoms from the lists above, do not bring them to visit a continuing care or acute care facility for 10 days from when symptoms started or until symptoms resolve (whichever is longer), unless they receive a negative PCR COVID-19 test result or two negative rapid test results at least 24 hours apart **and** feel better.



COVID updates:

If the child has core symptoms - fully immunized isolate for 5 days and mask for 5 more (MUST)

- not fully immunized (most young kids for sure)

10 days isolate (MUST)

OR

A child can return to school if their symptoms have resolved and they have two negative rapid tests 24 hours apart (two days of negative tests and they are back). Doesn't matter if they are vaccinated or not.

If the child has one non-core symptom: Keep the child home for at least 24 hours. They can return when those non-core symptoms have gone away but no sooner than 24 hours.

If the child has two or more non-core symptoms: keep the child home and have the child tested.

If a child takes a rapid test but has no symptoms and comes up positive, they stay home for 24 hours and re-test. If the second test comes up negative they can return to school.

*Government isolation requirements - symptoms or testing positive* (Updated January 3, 2022. Chart Information from [albertahealthservices.ca](http://albertahealthservices.ca), Isolation & Quarantine Information)

I have symptoms and a positive test result and I am fully vaccinated (2 doses or 1 dose Janssen)

Isolate: ● for 5 days from the start of symptoms or until they resolve, whichever is longer, if symptoms are not related to a pre-existing condition. For 5 days following isolation, wear a mask at all times when around others outside of home.

I have symptoms and a positive test result and I am not fully vaccinated (1 dose or less)

Isolate: ● for 10 days from the start of symptoms or until they resolve, whichever is longer, if symptoms are not related to a pre-existing condition.

I have symptoms and a negative test result

Stay home and away from others until symptoms resolve.

New checklist - <https://open.alberta.ca/dataset/56c020ed-1782-4c6c-bfdd-5af36754471f/resource/58957831-a4ab-45ff-9a8e-3c6af7c1622e/download/covid-19-information-alberta-health-daily-checklist-2022-01.pdf>

Please take time to review the Back to School Plan on NGPS and FCS websites:

<https://www.ngps.ca/students-and-parents/re-entry-information-for-families2>

<https://www.foxcreekschool.ca/download/377650>





## Together We Are Stronger

The horrific tragedy in Uvalde, Texas is incomprehensible. Watching the events unfold creates panic and terror that something like that could happen in our town or in our school. As a parent of four children, I cannot stop my mind from going to the families of students at Robb Elementary, their fear and how they will carry on afterward. Like you, I am holding my children a little closer, a little tighter, a little longer, breathing in their sweetness, wishing I could keep them in a safe bubble. Not only that, I want to hold school staff close too. My heart aches for how they are feeling walking into their schools, what are they thinking about as they look upon the precious faces of their students. How do their families feel about watching them leave for work in the morning?

### Are Students and Staff Safe in Our School Division?

[Northern Gateway School Division](#) has a process in place to ensure that every incident of child and/or youth violence in our communities is addressed. Four years ago, [North American Center for Threat Assessment and Trauma Response](#) (NACTATR) trained NGPS staff and community partners in Levels 1 and 2 VTRA - Violent Threat Risk Assessment. We learned how to prevent, respond and intervene to threats of violence, and/or trauma in schools and communities.

VTRA is effective because it involves schools and community agencies working together. RCMP, Children's Services, Mental Health and Addiction, Alberta Justice, Family Support Programs, Youth workers, Victim Service Units, and psychologists in each NGPS community are VTRA trained.

These trained, multi-disciplinary teams of professionals are able to identify the early signs of risk in persons of concern and work together through high end threat assessment starting with thorough data collection to comprehensive interventions.

### What does VTRA teach?

VTRA teaches that serious violence is an evolutionary process, no one ever just snaps. People are influenced by a large number of factors, and their motivation to act out violently fluctuates, along with their emotional state. There are always signs that indicate a person is moving along a pathway to violence and VTRA teaches how to recognize and respond to those signs.

### There is Still More Work To Do

Like all good things, the learning never stops. We need to ensure that professionals are continually staying up to date with VTRA training and research. We know that healthy relationships are key. Students need to have their tanks full and know they are cared for. People who are struggling with their mental health need to know where and how to get help. We all need to continue to work together for the health and safety of our children, schools and communities.

### Need Help Now?

Crisis Hotline 1-877-303-2642  
Health Link 811

Kid's Helpline 1-800-668-6868  
Distress Hotline 1-800-232-7288

Emergencies 911

*This article was written by Tammy Charko BA, BSW, RSW. Tammy is Northern Gateway Public School's Student Support Facilitator. She is a support for schools, students, parents and caregivers to promote success in school. Tammy advocates for students and families. Tammy has been a Registered Social Worker for more than 20 years and is a mother to 3 teenagers and 1 young adult.*