

SwimAbilities®

LEARN TO SWIM PROGRAM

SwimAbilities® is a group learn to swim program geared for children with special needs. SwimAbilities® provides lessons where the caregiver is in the water to provide one-on-one focus while being under the direction of a certified instructor. Every child who does not yet fit into regular lessons is welcome in SwimAbilities®, regardless of whether or not they have a diagnosis. SwimAbilities® assists children and their caregivers to increase safety, independence, and enjoyment in and around the water.

Children may begin SwimAbilities® at any level.

SwimAbilities® is ideal for children and youth who need or would benefit from:

- A slower paced lesson with additional practice time
- Basic learn-to-swim instruction
- Additional support learning swimming routines and/or public swimming routines
- Additional one-on-one safety supervision

Parents or Aides who are in the water with the child will also benefit from learning:

- Techniques to support the child in learning and performing the swimming skills
- Routines that are the same or similar to routines found during public swim

WANT TO TAKE PART IN A FREE SWIMMING LESSON?

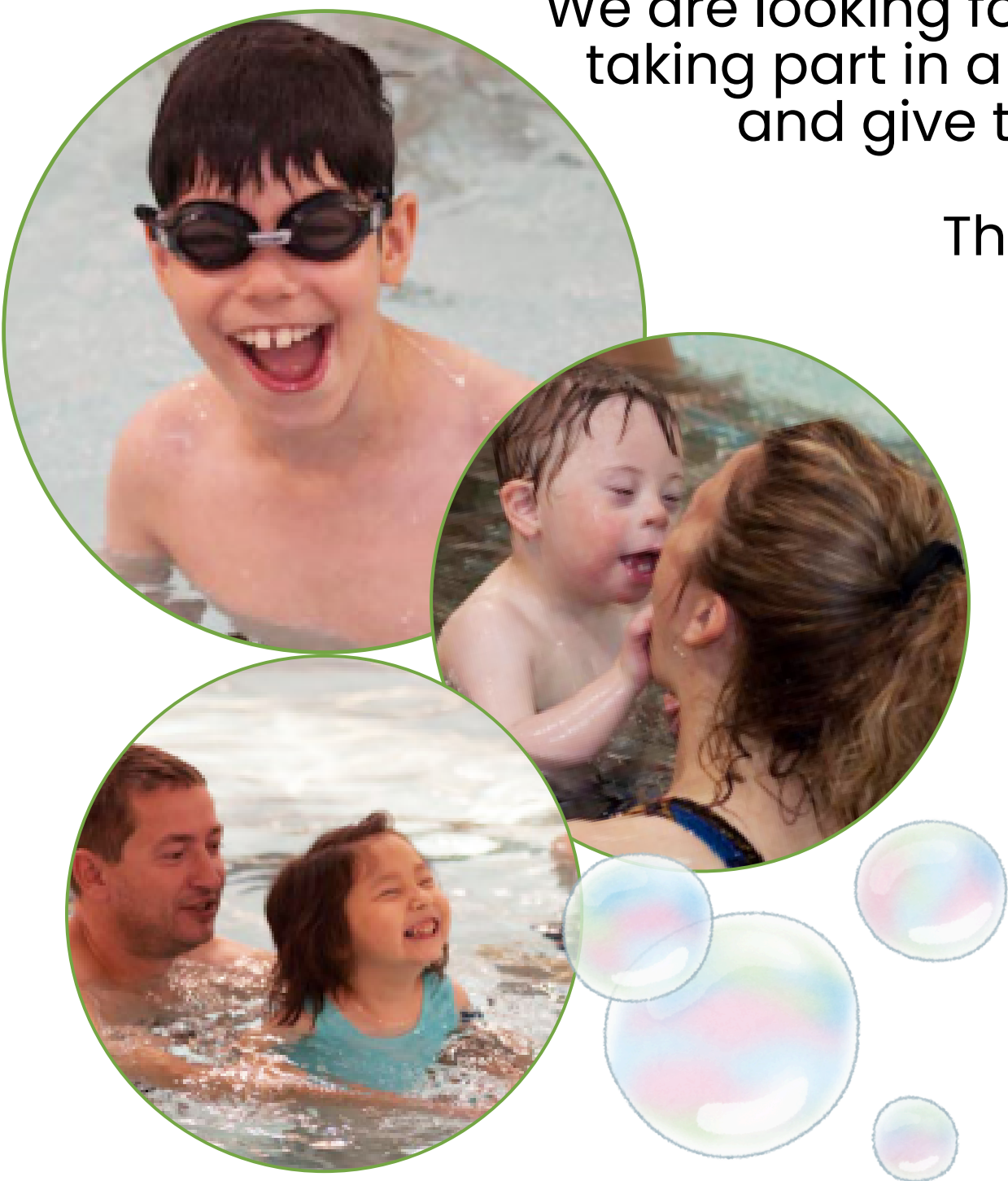
We are looking for children and youth (3 years - 18 years) interested in taking part in a FREE swimming lesson to help support our Instructors and give them real experiences before launching this program.

This FREE 45 minute swimming lesson will take place on Sunday, June 2nd between 2-4pm at the Fox Creek Greenview Multiplex.

If interested, please contact Morgan at the Fox Creek Greenview Multiplex:

Phone: (780) 622-2511

E-mail: poolprograms@foxcreek.ca



LIFESAVING SOCIETY
The Lifeguarding Experts

SwimAbilities®